

## Phase protection of Fano-Feshbach resonances

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Fano-Feshbach resonances (FFR) describe the decay of a quantum system due to coupling of quantum mechanical bound states to a continuum of scattering states. They serve as a key mechanism to controlling interactions in ultracold atomic gases. The position of FFR was shown to follow quantum chaotic statistics. In contrast, their lifetimes have so far escaped a similarly comprehensive understanding, despite the intriguing observation of spanning many orders of magnitude. We attribute this phenomenon to phase protection: Any bound state, despite being resonantly coupled to a scattering state, becomes protected from decay whenever the relative phase is a multiple of  $\pi$ . Supported by lifetime measurements of rovibrational FFR, we demonstrate that both the reduced mass and the shape of the potential can significantly influence the occurrence of phase-protected resonances. Our results provide a blueprint for identifying naturally long-lived states in a decaying quantum system.